

GORTLETTERAGH GAA

RETURN TO PLAY INFORMATION

WHERE WE STAND AS OF 15th JUNE 2020

ALL INFORMATION BELOW AVAILABLE IN GAA RETURN TO PLAY GUIDELINES AND EMAIL ISSUED TO CLUBS ON FRIDAY 12th JUNE

PREPARING FOR A SAFE RETURN

Dressing Rooms, Gyms and Social areas will remain closed in Phase 3 and until further notice.

The Clubs playing facilities will be updated with signage, hand gel dispensers, bins.

Toilets will remain open and should be used with all best hygiene practices in mind, e.g. opening doors with elbows, using hand sanitiser upon exit etc.

Only players and essential team personnel will have access to the playing area. Physio's etc to wear masks. Footballs / equipment to be disinfected after each use.

Participants will be required to change at home, travel separately (except family members), shower at home and where possible use toilet facilities at home.

Strapping should be applied at home. All players should use their own individual and clearly labelled water bottles.

In phase 3, and until further notice, physical contact with other players will not be allowed.

Either Away dressing room 1 or 2 will be a medical isolation room in the unlikely event that a player becomes unwell during a training session.

Timesheets should be used to clearly show what teams are using club facilities at what times. The principle of "get in, train and get out" will apply. There will be a time interval between teams departing having completed training and the next team arriving. Attendance will be limited to essential personnel. Compliance will be necessary to ensure efficiency and harmony.

- Frequent hand washing, sanitising, and regular cleaning and washing of gear and equipment.
- Avoid the following: spitting, sharing water bottles, touching high contact surfaces (e.g. door handles)
- Use of face masks where applicable
- Observe Government advised social distance guidelines (currently 2m) until further notice.

- Avoid or Reduce body contact to a minimum
- Shaking hands, clapping hands, 'high fives' and embracing to be completely avoided
- Until measures are reduced, physical contact must be avoided.
- All clubhouses, changerooms and shower areas are NOT to be used until further notice.
- Toilets will be available on a controlled basis
- If travelling by private vehicle, such as a car, only travel with members of the same household •
- Team meetings should be held outdoors or in spaces that allow for compliance with Government social distancing guidelines (currently 2 metres)

UNDERAGE PLAYERS

There is low transmissibility among children less than 14 years old.

There are low rates of child-to-adult or child-to-family member transmission in the limited number of studies available.

As with all situations there is a risk of infection but it appears to be lower in children.

There are a number of actions that can be taken to lower the risk of infection during activities.

- Do not share personal equipment such as water bottles
- If summer camps proceed, it is advisable that children limit their involvement to one camp **(N.B. -** Leitrim GAA have as of today 15/6/20 announced that Cúl Camps will not proceed in 2020. Clubs can run their own camps later in the Summer as long as they can ensure that they will be in line with regulations.)
- Communication with parents of the relative risk is important so that they can make an informed decision on their desire to have their children engage in small group activity. A minority of children may have diseases that put them at higher risk and the level of risk needs to be assessed by their GP and parent(s)/guardian
- Having smaller groups with the same supervisor/trainer and equipment assigned to each group

TRAINING NUMBERS

- Cohort Group 1 (u14 and below) begin training – small groups (not more than 10 players/2 coaches in a designated area of the pitch) for non-contact training under social distancing guidelines – where players can maintain the Government advised distance from each other (currently 2 metres)
- Cohort Group 2 (15-18) begin training – small groups (not more than 10 players/2 coaches in a designated area of the pitch) for non-contact training under social distancing guidelines – where players can maintain the Government advised distance from each other (currently 2m)

(Note: Underage groups must be comprised in accordance with the ratios provided for by the Code of Behaviour. Parental or guardian sign off on the Health Questionnaire will be required for underage participation)

- Cohort Group 3 (Adult) begin training – small groups (not more than 10 players/2 Coaches in a designated area of the pitch) for non-contact training under social distancing guidelines – where players can maintain the Government advised distance from each other (currently 2 metres)
- Players should refrain from full contact training until further notice or the GAA advises it is moving on to Phase 4
- Coaches and support personnel must observe social distancing rules at all times.
- It is essential for county and clubs to have a clear schedule of use at their facilities and to allow transition time between groups.
- All Players and Teams must conduct their training sessions outdoors; no changing Facilities will be available for Players and Teams until further notice.
- All players (parents or guardians in the case of underage players) and personnel involved in training must complete the mandatory Gaelic Games online education module which will be available on the GAA eLearning portal and record or document a certificate of completion for the Covid Supervisor prior to any resumption of training and/or playing activities

This online module will include information such as:

- ✓ COVID-19 disease update information (including symptoms)
- ✓ Information on Club facilities use
- ✓ The Role of the Covid Supervisor
- ✓ Health Questionnaire
- ✓ Reporting protocols
- ✓ Contact tracing
- ✓ Personal, facility and equipment hygiene standards

✓ Training protocols

✓ Transport guidelines

Players (parents or guardians in the case of underage players) and personnel will sign the Health Questionnaire (sample included as Appendix 1) indicating that they understand the risks involved in participation, that they are participating on a voluntary basis and that all participants may opt-out at the start or at any time before or after resumption of training and playing activities.

KEY POINTS TO NOTE ABOUT RETURNING TO PLAY

- Clubs **will not** be expected to record the temperatures of players when they arrive for training/games.
- Adult players and parents/guardians of underage players **will be required** to complete an online Health Questionnaire **once** prior to their return to GAA Activities.
- Adult players and parents/guardians of underage players **will then be required** to declare, before each training session/game, that their health status has not changed.
- An online system for the health questionnaire will be provided centrally by the GAA. This is the only system that should be used.
- Further details in relation to the online Health Questionnaire will be circulated this week beginning Monday 15th June.
- Plans will also be communicated this week on specific Covid-19 education for referees and games development staff, e.g. protocols for Cúl Camps and sample coaching activities.

Stage one of training involves:

1. A Club Briefing via webinar to explain the role of Covid Supervisors / Club Officers and common Club queries addressed by the Advisory Group since the publication of the Guidelines, e.g. preparation of facilities. (Tuesday June 16th at 6.00pm)
2. A certified eLearning Module covering the main aspects of the Guidelines and roles of all stakeholders. All stakeholders (**players/team personnel/covid supervisors and parents/guardians**) **must** complete this module. (Available from Thursday 18th June)
3. Educational Resources such as a Guidebook, FAQ list, how-to videos, posters, infographics, and checklists. (Available now at <https://learning.gaa.ie/covid19>) The resources prepared aim to complement the constant information, advice and support available to Clubs through County Committees and Provincial Councils.

ROLE OF THE COVID SUPERVISOR

Every team in the club will have someone nominated with responsibility for Covid Supervision present at each training session or game. These nominees will be provided with training and information on their exact role via the Gaelic Games online education module.

The main duties of the Covid Supervisor will include:

- a) Ensuring players and backroom personnel have completed the Health Questionnaire before the initial Return to Training (it will be the responsibility of the individual to inform the team's Covid Supervisor of any change in circumstance before subsequent sessions)
- b) Ensuring sanitising of facilities is completed before and after each training session of game (e.g. Toilets, door handles etc.)
- c) Maintaining records of attendees - The Health Questionnaire: Prior to commencing training players and support staff will complete a standard risk assessment health questionnaire before their initial return to training. It will be the responsibility of the individual to inform the team's Covid Supervisor of any change in circumstance before subsequent sessions.
- d) At the end of each training session, the Covid Supervisor should ensure all door handles, playing equipment (e.g. balls, hurleys, sliotars etc.), the medical room and the Toilet(s) are sanitised before use by the next team or training group.
- e) The Covid Supervisor will ensure that the record of everybody attending each training session will be available in the event that contact tracing or other intervention is required.